

User Guide

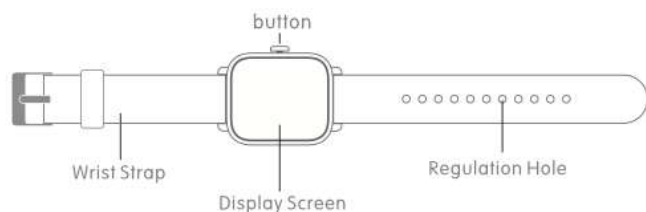
Smart Watch



VERSION:01

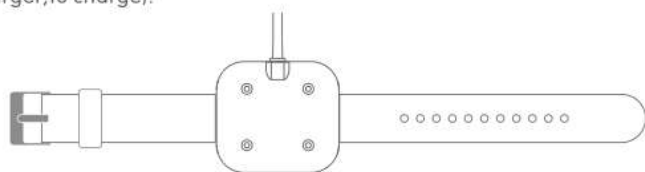
Instruction for Quick Use

Introduction to Parts



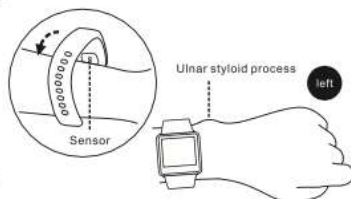
How to charge?

Please take the smart watch out in first charge, and charge by corresponding charger (charging method: as shown in below diagram, please place the smart watch in charger, align two touch points of charger, to charge).



Wearing method

1. The watch is best worn behind the ulna styloid process;
2. Adjust its size according to adjustment holes, and fasten the wristband buckle;
3. Sensor should be close to skin, avoiding to be moved



Notices in monitoring heart rate:

- LED light of heart rate on the smart watch back flashes ;
- Sensor should be close to skin, avoiding the external light to affect the accuracy of test ;
- Please keep clean in testing area, sweat or blot may affect test results.

On/off

1. When the bracelet is turned off, charge or press and hold for 3 seconds to start the bracelet vibrating;
2. When the bracelet is turned on, switch to the shutdown interface or press and hold the button for 3 seconds, and the shutdown interface will pop up to confirm the shutdown.

Band Operation

1. When the watch is turned on, raise your hand or press the button to wake up the watch, and slide to switch the interface.
2. The default screen time is 10 seconds without any operation, and the user can modify the screen time on the APP or watch;
3. The 24-hour heart rate monitoring is turned on by default on the bracelet, and the user can choose to turn it on or off in the general settings of the APP device interface.

How to install APP

Scan the following QR code or download and install 'GloryFit' in application markets.
Demands on Device: IOS 9.0 or above; Android 4.4 or above, Bluetooth 5.0 is supported



Connect with device

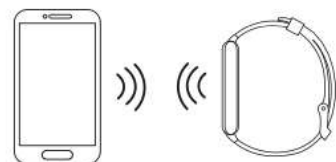
It is required to correct by connecting with APP in first use. The smart watch automatically synchronizes time after connecting successfully, otherwise, the step number and sleep data will be incorrect.

Open APP click to set icon

My device (IOS) Search device (Android)

Click the upper right to search icon

Click the device to connect



Bluetooth connection: After successful pairing, APP will automatically save bracelet Bluetooth address. When APP is opened or operated in the background, it will automatically search and connect the bracelet.

Data synchronization: manually drop APP main page down to synchronize data; the bracelet can save offline date of 7 days. The more the data is, the longer the time to synchronize will be. It will take not more than 2 seconds to synchronize data.

APP functions and settings

Please set personal information after entering APP My – Personal.

- Settable profile photo – sex – age – height – weight, personal information can enhance the accuracy of data.
- Customize personal exercise goals. With reasonable sports planning, you can enhance your body quality.



Reminder Function

It is required to open reminder switch in APP setting center, and keep the successful connection state between your mobile phone and the bracelet. Notify by vibration when there is message.

Incoming reminder: the bracelet will vibrate in case of incoming call, and the corresponding name and tel will be displayed. If the 'call rejection' function has been opened in APP, have a long press on it for 3 seconds to reject the call.

Message reminder: the smart watch will remind you by vibrating and displaying icon after receiving messages. Please click to check.

QQ reminder: the smart watch will remind you by vibrating and displaying icon after receiving QQ message. Please click to check.

WeChat reminder: the smart watch will remind you by vibrating and displaying icon after receiving WeChat message. Please click to check.

Smart alarm clock: you can set three alarm clocks. After successfully setting, it will synchronize to the smart watch; smart alarm clock is silent, and reminds you by appropriate shaking. It can remind you in offline state.

Sedentary reminder: The default reminder interval is one hour; in the connected state, after the user is turned on, if the user does not exercise within one hour, the watch will vibrate to remind the user to exercise.

Other reminders: the smart watch will remind you by vibrating and displaying icon after receiving other messages such as emails. Please click to check.

Goals reminders: when the step number reaches the goals set in APP, the bracelet will remind you by vibrating and displaying icon.

Main function interface



Main interface

Main interface: Smart Watch has 6 main interfaces. On the main interface, press and hold for two seconds. After shaking, you can switch the dial left and right. After the APP is paired for the first time and connected, the bracelet will synchronize the time, date and week of the phone. Customized homepage is supported: Enter “Dial setting” in APP to select homepage of different style.

bluetooth dial

Dial on the watch or mobile phone respectively, and the watch and mobile phone will synchronize dialing in real time.

Information interface

Swipe up on the main interface to view information. Click to view the detailed information. You can choose to delete the information at the bottom of the information. The watch can save the 8 pieces of information recently pushed by the APP.

Body temperature

Switch to the temperature interface to start automatic temperature measurement. Automatic interval measurement can be set in the APP. The default 37.3° C is the alarm threshold, and the alarm threshold can also be set in the APP.

work out

Switch to the sports interface, click this interface to enter the specific sports interface, including outdoor running, cycling, skipping rope, badminton, table tennis, tennis, mountaineering, Swim, walking, volleyball, cricket, rugby, hockey, dancing, spinning, Yoga, sit-ups, indoor running, basketball, football, baseball, gymnastics, rowing, jumping jacks, and other 24 sports. Click on the sport item and start monitoring after three seconds. Swipe right and click “■” to end, right Slide back to the previous menu.

Statu

Switch to the status interface to view the current step count, distance, and calorie status. The distance and calories are calculated and displayed according to the current walking steps, the height and weight set by the APP personally.

Heart Rate

Switch to the heart rate interface and start to automatically detect the heart rate. Switch menu re-measure.

Blood pressure

Switch to the blood pressure interface to start automatic blood pressure measurement, switch the menu to re-measure.

Blood oxygen

Switch to the blood oxygen interface to start automatic measurement of blood oxygen, and switch the menu to re-measure.

Sleep

Switch to the sleep interface to view sleep information.

Weather

Switch to the weather interface, you can view the weather and temperature conditions.

Music

When the watch and mobile phone are connected, turn on the music controls, press the play button to play the music, you can pause or choose the previous song, the next song.

Breathing training

Enter the breathing training function and follow the animation for breathing rhythm training.

Menstrual cycle

This function will only be enabled when female users are logged in. Go to the APP and click to enter the “biological cycle” – click the device reminder switch, set the personal physiological cycle status, and you can view it on the bracelet side.

More

Stopwatch: Click to start timing, swipe to the right to exit back to the previous interface when the timing is stopped. **Timer:** Switch to the timer interface, you can choose to set the time or add a custom time. **Find a mobile phone:** Switch to the search interface, click to find a mobile phone in the connected state, and the mobile phone will send a ringtone to remind you.

Set up

Watch face: Click this interface to switch the watch face left and right, and click to select the watch face.

Theme: Click this interface to select three interaction modes.

Brightness adjustment: Click to select different brightness, there are four levels of brightness.

Bright screen duration adjustment: Click to select the bright screen duration, which are 5 seconds, 10 seconds, and 15 seconds.

About: Click this interface to view the firmware version number and Bluetooth address of the bracelet.

Factory reset: Click this interface to choose factory reset (clear all data) or cancel.

Shutdown: Click this interface to select shutdown or cancel shutdown.

APP download: Click this interface, scan the QR code, and download the APP.

Precautions

- Please prevent your smart watch from being shocked, and exposed under high temperature and blazing sun for a long time.
- Please don't disassemble, repair or change the device.
- The device should adopt 5V500MA to charge, it is forbidden to charge with over-voltage power supply.
- It should be used within the temperature of 0 degrees – 45 degrees. It is forbidden to throw into fire, avoiding explosion.
- Please charge after drying the smart watch with soft cloth, otherwise, it will corrode charging touch points, leading to charge fault.
- Please don't touch chemical substance such as gasoline, cleaning solvent, propanol, alcohol or insect repellent.
- Please don't use the product in high voltage and high magnetic environment.
- In case of sensitive dry skin or too-tight wearing, you may be uncomfortable.
- Please don't take a hot bath by wearing it.
- Please dry sweat in your wrist timely for its possibility to lead to skin itch or allergy by long-time touch with soap, sweat, allergens or contaminated ingredients.
- In case of frequent use, it is suggested to clean weekly. Please wipe by wet clothes, and remove oil or dust by mild soap.
- Do not open more push without special requirements.

Common problem

How to do when it cannot connect with Bluetooth? (connection/ failing re-connection or low speed while re-connection)

Please confirm whether your device is IOS9.0, Android 4.4 or above, and supports Bluetooth 5.0.

1. It takes time differently for each connection caused by the signal interference of Bluetooth wireless connection. If it fails to connect for a long time, please confirm that you use it in environment without magnetic field or interference of multiple Bluetooth device .
2. Turn on again after turning off the Bluetooth.
3. Turn off the background applications of mobile phones or restart your mobile phones.
4. Please don't make your mobile phones connect with other Bluetooth device or functions at the same time.
5. Please check whether the APP is operated normally in the background. Otherwise, it may fail to connect.

How to do when it fails to search the smart watch?

1. Please make sure that the watch is powered and activated, and it is not connect to other mobile phones, bring the watch close to the phone.

If it still does not work, please turn off the phone Bluetooth and restart the phone Bluetooth after 20 seconds.

2. Make sure your phone turns on GPS.

Why the wristband need to wear tightly when measuring heart rate?

The smart watch adopts light-reflection principle. It collects the signal

I reflected to the sensor to calculate heart rate after the light penetrating in the skin. If you don't wear it tightly, the surrounding light will enter the sensor, and its accuracy will be affected .

Why can't receive the notification while opening reminder function.

Android phone: Make sure the phone and the watch are connected. After connecting, set the corresponding permission in the phone settings, allow the "GloryFit" app to access calls, text messages, contacts, and keep "GloryFit" running in the background; if the phone is installed Security software, please add "GloryFit" as trust.

Apple mobile phone: It is suggested to restart your mobile phone and connect again in case of no notifications after connection. When connecting with the bracelet again, you can receive the notification after click 'Pairing' when 'Bluetooth Pairing Request' is popped up.

Is the smart watch waterproof?

It is waterproof with IP67 waterproof and dust-proof grade (normally, you can feel relieved to wear it in washing hands, running or washing cars)

Does the Bluetooth connection need to stay in 'turn on' state? Will data be kept if disconnection?

Data will be saved in the host machine of the smartwatch prior to synchronizing data (date within 7 days can be saved). When the mobile phone connects successfully with the Bluetooth of band, the data in your bracelet will automatically upload to mobile phone, please synchronize the date to mobile phone timely.

Notice: if functions of incoming call or message notification are required to be turned on, please keep Bluetooth in connection state, the alarm clock notification can work .

Basic parameters

Equipment	call smart watch	Battery Type	Polymer battery
Display Screen	1.72" IPS color screen	Battery Capacity	300mah
Touch Screen	Full touch screen	Product weight	37g
CPU	RK8763E	Packing List	Device, manual, charging box
Waterproof	IP67	Strap material	Silica gel

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