

## Important information

### Headset

Always use a swim cap when swimming with the Olander Aquatalk headset. The swim cap will stabilize the headset and helps to prevent water to penetrate any seals. The headset is waterproof when plug is in place correctly and tightly closed. Using a swim cap also allows full speed swimming, starts and turnings etc.

Ensure the headset is fully charged before each swim session for a continuous 2 hour use.

### Walkie talkie

Ensure you have the correct frequency on both the headset and walkie talkie. Both must be the same color to ensure a connection is made and that you can communicate from the walkie talkie to the headset.

### Use in saltwater

The unit works on top of saltwater but will not work under the surface of saltwater.

## What Olander Aquatalk can do for you and your swimmers

### Talk to the swimmers while they swim

Never before swimming coaches had the ability to talk to the swimmers while they were swimming. For years coaches have been interrupting the swimmer to correct issues with technique or wait until the swimmer had finished the set or swim lap.

With Olander Aquatalk every coach can communicate with their swimmers while they swim. This device can change how you teach and will revolutionize how swimmers receive information to learn new techniques and advance in swimming.

### Give instant feedback

Getting quality feedback is vital to the swimmers ability to improve in all aspects of their swimming. With the Olander Aquatalk you can give immediately feedback while the swimmer is swimming on:

- Technique
- Stroke rate
- Stroke count
- Split times
- Tempo training

### Tempo training

Using the line in connection with your ipod or mp3 player you can tempo tracks to develop tempo training with swimmer(s). Great for team workouts when developing pace and timing with swimmers

### Communicate with multiple swimmers

Each walkie talkie can transmit to a group of multiple swimmers.

### Up to 7 coaches in one pool

With the 7 easy to use channels you can have one group use one channel while another coach can use a second or third channel etc with their swimmer(s).

### 75M range

With up to 75m range you can easily use the Olander Aquatalk in any 50m swimming pool. Note: The further you are away from the headset the weaker the signal so it is important to keep a good line of sight and for best results stand close to the halfway point of the swimming pool.

### MP3 player

With a line in you can connect mp3 player and play music via a walkie talkie.

### Team workouts

With connect multiple units you can run teamworkouts, give feedback to swimmers

## Getting started

Fully charge headset and walkie talkie before use.

Headset: Hold on/off button down for 3 seconds to turn on.

Walkie talkie: Turn volume clockwise to turn on.

Turn on walkie talkie and you will see two lights. One blue light means the unit is turned on. You will also have a second light either red, blue or yellow. These secondary lights tell you what channel your walkie talkie is on.

Use the headset function button to select the channel.

When all headsets are on same channel you will not hear any static.

Turn the volume up to around half way and adjust as needed.

To connect an mp3 player or ipod you will need a 3,5 mm male connection cord. When this connected you can play music and/or play tempo rythms. You can find music apps that give tempo.