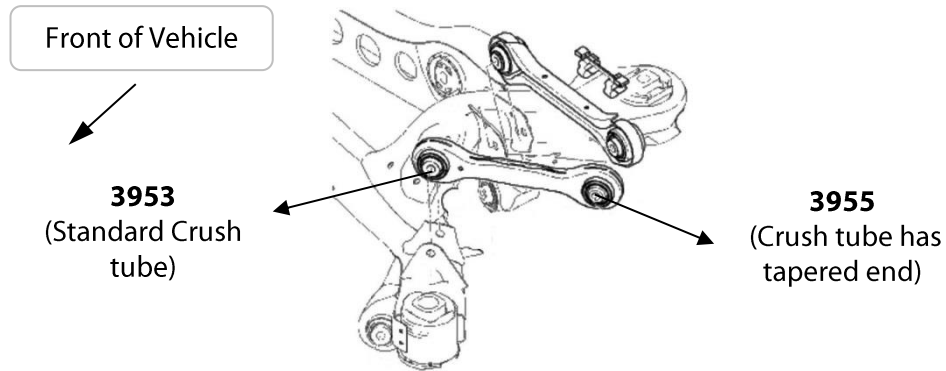


Fitting Instructions #3955IS

BMW 1 SERIES E81, E82, E87 & E88 / BMW 3 SERIES E90, E91, E92 & E93

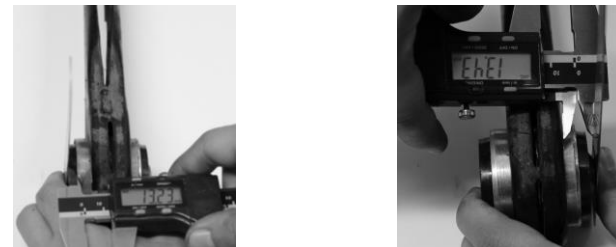
Rear Upper Front Control Arm Inner & Outer Bushing



Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Following manufacturers recommendations remove rear upper front control arms from the vehicle;
- Remove original bushings from the control arms with the use of a hydraulic press and suitable pressing tools;
- Clean housing areas to remove any old original bushing materials before installing new bushes;

- Then, push the new bushes into the arm ensuring that the bushes are set central in the arm (See figure below for example of centralising bushes).



Note: Because the tapered end of the crush tube extrudes away from the bush (3955 only), while centralising the bushes in the arm, please ensure that you measure from the end of the crush tube to the face of the housing (As shown in figure above).

- Lubricate the side faces of the new bushings and the areas on the chassis and hub that contact the new bushings and refit the rear upper front control arm. Tighten all fasteners to manufacturer's specifications and get the vehicle wheel aligned.