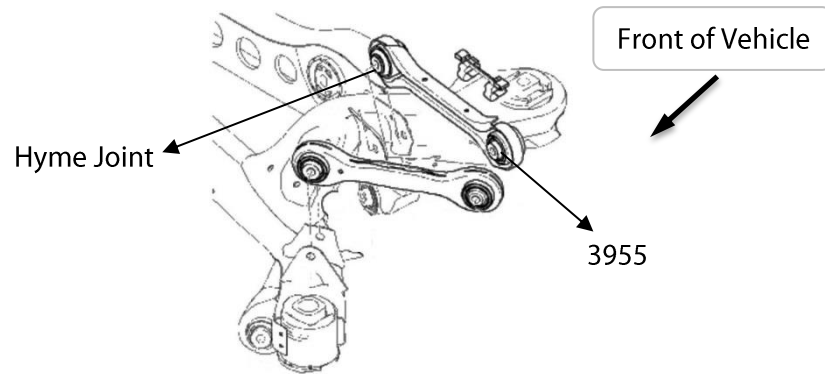


# Fitting Instructions #3956IS

BMW 1 SERIES E81, E82, E87 & E88 / BMW 3 SERIES E90, E91, E92 & E93

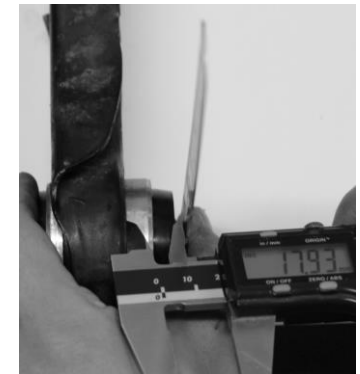
## Rear Upper Rear Control Arm Outer Bushing



**Note:** Polyurethane bushes must be fitted to both sides of the vehicle.

- Following manufacturers recommendations, remove the rear upper rear control arms from the vehicle;
- **Note the offset position** of the factory bush before removing it from the control arms. Use a hydraulic press and suitable pressing tools to remove the factory bushes;
- Clean housing areas to remove any old original bushing materials;

- Then, push the new bushes with the crush tube into the arm by noting the offset position which was set by the factory bushes (See figure below for example);



*Because the tapered end of the crush tube extrudes away from the bush, while setting the bush offset position in the arm, please ensure that you measure from the end of the crush tube to the face of the housing (As shown in figure above).*

- Lubricate the side faces of the new bushings and the areas on the rear hub that contact the new bushings and refit the rear upper rear control arm. Tighten all fasteners to manufacturer's specifications and get the vehicle wheel aligned.