

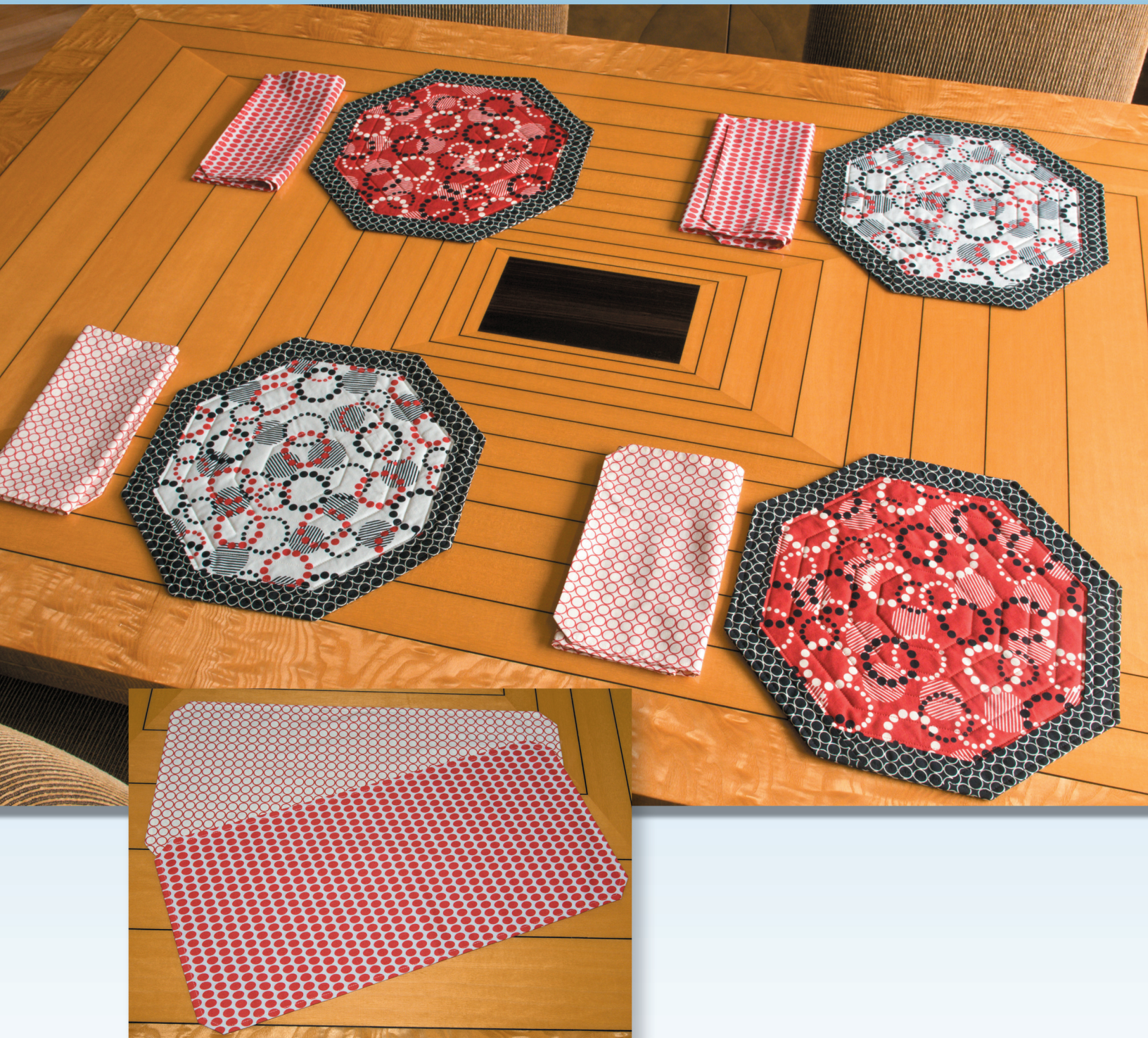


Joy Basket

"Stop In" Plate Mat & Lap Napkin Set

Fabric designed by Hoodie's Collection for Blank Quilting

Plate Mat & Lap Napkin Set designed by Deborah C. Vollbracht for Blank Quilting



Lap Napkins
Finished size: 10" x 20"

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Materials List:

Yardages listed will make Set of 2 reversible plate mats (two different fabrics for side 1 and side 2) and 2 lined napkins using the one fabric.

Fabric A: Napkins 5/8 yd. 5287 Tomato (2nd set shown in 5296 Tomato)

Fabric B: Mats 3/8 yd. 5289 Apple (for side 1)
3/8 yd. 5289 Tomato (for side 2)

Fabric C: Mat borders 1/2 yd. 5296 Black (includes both sides)

Warm & Natural® Needled Cotton batting: (2) 14-1/2" squares

Warm Company Steam-A-Seam 2® 3/16" wide bonding tape: 3" per napkin, 3-1/2" per mat

Equipment needed:

Basic sewing equipment

24" ruler

Paper scissors

Rotary cutter & mat

Optional: Blunt knitting needle or point turner; 1" masking tape to mark quilting lines; Fray Check™

Glossary:

RS – Right Side **S1** – Side one

WS – Wrong Side **S2** – Side two

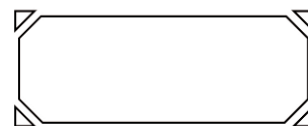
SAS2 – Steam-A-Seam 2®

Scant – Slightly less than 1/8 yd.

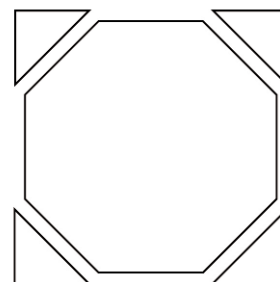
Cutting Instructions:

- 1. Fabric A:** From double layer of fabric, cut (2) 20" x 20" squares for 2 napkins.
Cut these squares in half parallel to selvage edge, yielding 2 napkin sets measuring 10" x 20". On each corner, use Napkin Corner Template or ruler and rotary cutter to shape 4 corners (trim 1") diagonally.
- 2. Fabric B:** Cut (2) 12" squares per mat, one for S1, one for S2. Use Mat Corner Template or rotary cutter and ruler to shape 4 corners.
- 3. Fabric C:** Cut (16) 1-3/4" wide strips the length of yardage, parallel to selvage edge. Cut each length into 7" and 11" (no need to be exacting here).
- 4. Batting:** Cut (2) 14-1/2" squares.

(Templates on last page)



STEP 1



STEP 2

Assembly Instructions:

Napkins:

5. Pin napkin to lining, RS together, edges aligned. Begin sewing on long, straight-grain edge (edge with little or no give in fabric), about 1/3 from top, 1/4" seam allowance. Sew around all sides, pivoting at angles. End stitching about 3" before start point to leave opening for turning project right side out. Lock stitches at start and stop points.
6. Clip "V's" from each angle to reduce bulk, avoiding line of stitching. Press seam lines flat before turning RS out.
7. Turn napkins RS out. Work angles out smoothly with blunt knitting needle or similar tool. Press flat. Work seam line at opening smoothly in line and press flat. Insert 3" strip of SAS2 into opening, position on seam allowance, remove paper liner, and fuse according to manufacturer's directions.
8. Topstitch 1/4" from outer edge around entire napkin, ending stitching by locking stitches as invisibly as possible. Use of Fray Check™ discourages thread whiskers from growing.

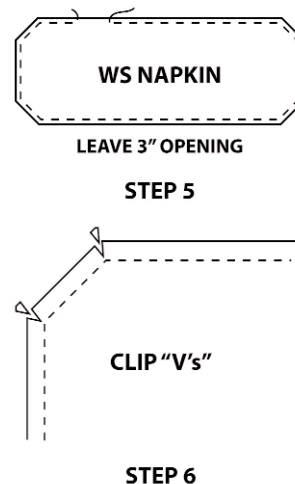
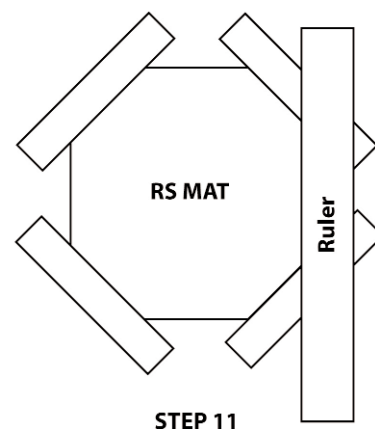


Plate Mat:

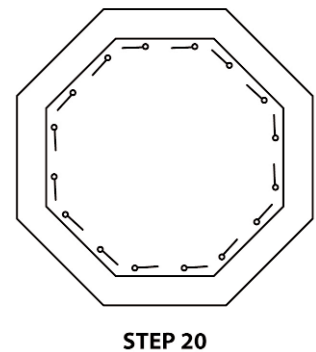
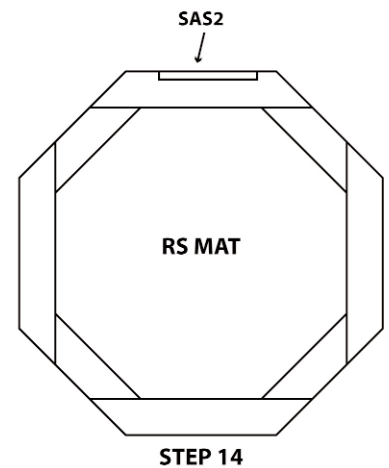
9. Place 7" long border strip on one diagonal cut of mat, RS together, edges aligned, with about half an inch border extension at each end of mat seam line. Sew 1/4" seam allowance. Chain-stitch borders to one diagonal corner on each mat until all diagonal corners are sewn. Sewing the diagonal cuts first will stabilize any stretching – sew with straight-grain border strip on top.
10. After all diagonal corners are sewn, press all border strips outward with dry iron (steam ironing or pushing the iron into the fabric can distort shapes of the component pieces).
11. Align ruler with straight grain raw edge of plate mat. Rotary cut away "dog ears", extensions of border strips that lie beyond fabric straight edge. Trim all border strips on all mats in this manner.
12. Using 11" border strips, complete border assembly following this same sequence. When trimming dog ears, align ruler markings with inside edge of border rather than raw edge to increase cut accuracy.
13. Use Batting Corner Template to shape corners of batting. Pin batting to WS plate mat, S1, and baste around outer edges using a scant 1/4" seam allowance.



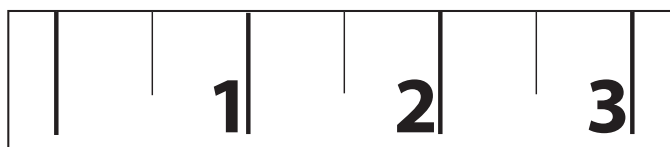
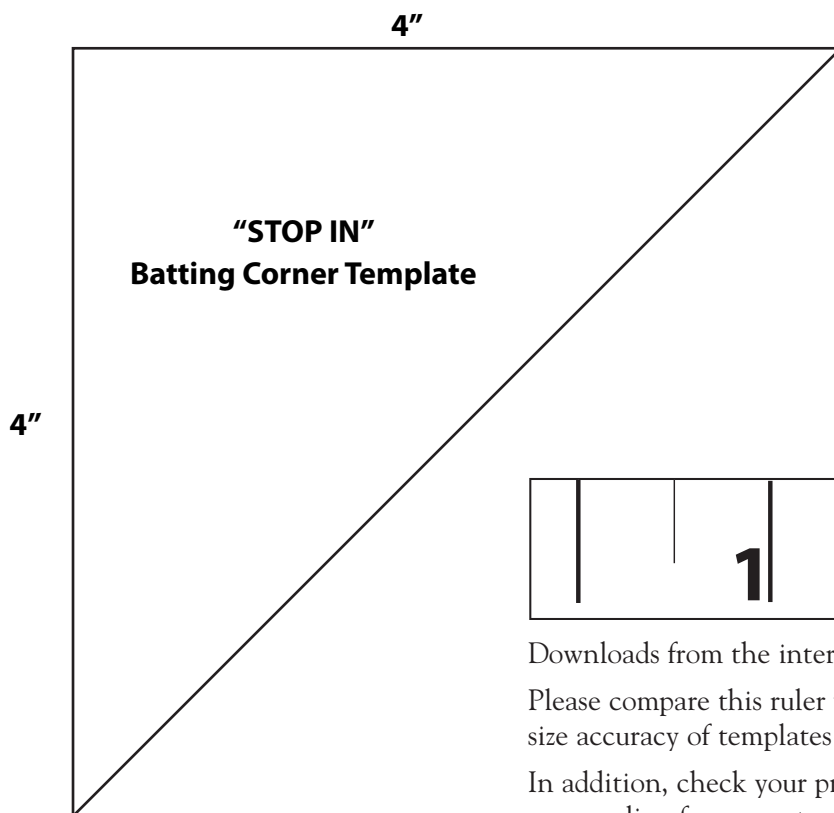
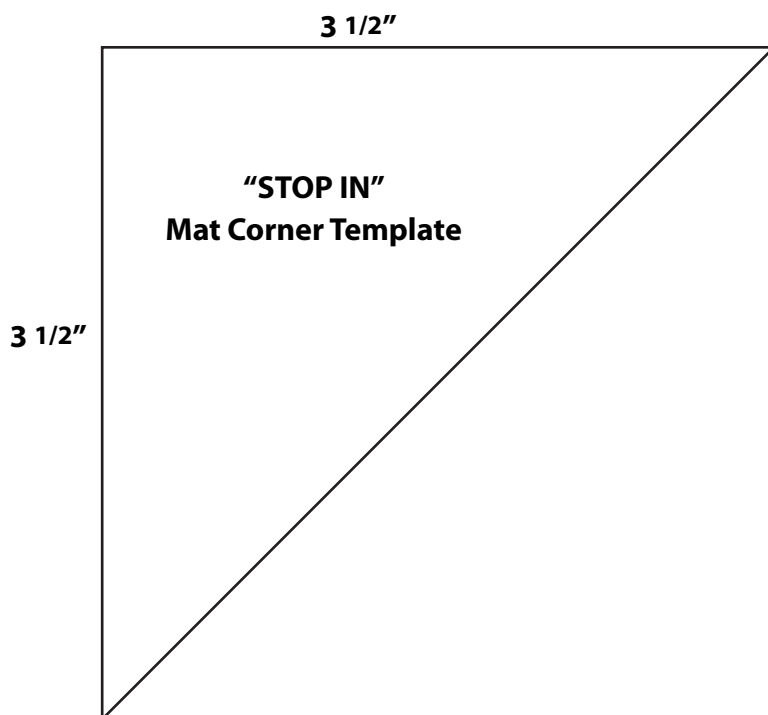
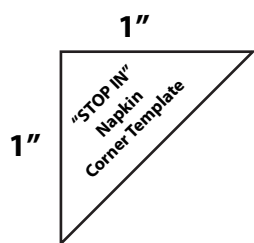
(Plate Mat assembly instructions continued on following page)

Plate Mat Assembly Instructions *(continued)*:

14. On S2 mats (with no batting), place 3-1/2" strip SAS2 on RS raw edge of seamless border, paper side up, and press with dry iron 1/2 seconds. Leave paper on for now.
15. Pair S1 mat with S2 mat, RS together. When pairing 2 sides of mat, place seamless border edge of S1 with seamed border edge of S2, thus distributing seam allowance bulk and stabilizing cross-cut edges with straight-grain edges. Begin and end stitching (1/4" seam allowance) on each side of SAS2 to leave opening for turning RS out. Lock stitches.
16. Trim batting from seam allowance close to basting.
17. Clip fabric "V's" from angles, avoiding stitching, to reduce bulk.
18. Turn mats RS out, coaxing angles out smoothly with blunt knitting needle or similar object. Press around perimeter of mat. Avoid flattening interior.
19. Form smooth seam line at opening, remove paper liner from SAS2, and fuse according to manufacturer's directions. Confine hot iron to edge of border while fusing.
20. Pin just inside border edge through all layers to keep layers from shifting during quilting. Align inner border edges on front and back by feeling with fingertips. Topstitch on mat body 1/8" away from inner border edge around entire shape, ending stitching as invisibly as possible. Use 1" masking tape or other marking method to quilt 3-4 additional concentric rows on mats.
21. Topstitch 1/4" away from inner edge on border, and again 1/4" away from outer edge on borders.



(Templates on following page)



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